

# YOGA COURSES FOR MEN

## STUDIO SHIVA

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6h to 7h15 PM					
<b>Guide</b>					
6h30 to 7h45 PM	Vinyasa Yoga Nude Level 1		Vinyasa Flow Yoga Nude Level 2		
<b>Guide</b>	<b>MARKUS</b>		<b>MARKUS</b>		
7h30 to 8h45 PM				Kundalini Yoga Nude All Levels	
				<b>MARTIN</b>	

Schedule in effect from August 25, 2017

[terrestantriques.com](http://terrestantriques.com)

